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The Top Ten Basic Counseling Skills -- Kevin J. Drab, M.Ed., M.A., LPC, CAC  
Diplomate Research is increasingly finding that the type of therapy used is not as important to outcomes as are specific counselor behaviors such as (1) Enthusiasm, (2) Confidence, (3) Belief in the patient's ability to change.

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Your core practitioner training should be at the minimum level of a diploma in

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counselling or psychotherapy, but could be a bachelor's degree, master's degree or doctorate.

## ~~Training to become a counsellor or psychotherapist~~

past, breastfeeding counselling and support skills have seldom been included in the curricula of either doctors, nurses, or midwives. This course aims to give you training in basic breastfeeding counselling skills, which should enable you to give mothers in your care the support and encouragement that they need to breastfeed successfully.

## ~~BREASTFEEDING COUNSELLING A TRAINING COURSE~~

2012, Basic personal counselling : a training manual for counsellors / David Geldard & Kathryn Geldard Pearson Australia Frenchs Forest, NSW. Wikipedia



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Description Basic Personal Counselling is an easy-to-read introduction to counselling skills for both professional and volunteer counsellors and workers in the helping professions. Reflecting current best practice, this Australian text: Introduces counselling skills in a logical sequence and provides practical examples of the

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Counselling Micro Skills Chapter 1 -  
Introduction ... The skills we will examine  
here are attending skills, basic questioning  
skills, confrontation, focusing, reflection  
of meaning and influencing skills. Many  
will be familiar with the skills-  
development-matrix advocated by the  
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